

# Spa Menu



## PAST AND FUTURE

The two verbal tenses that form the concept of Can Bordoy Grand House & Garden also inspire our wellness and beauty concept.

A retreat without retreat: a space inspired by ancient classical cultures where well-being philosophy is harnessed with the aesthetic innovations of the future.

Our passion for beauty and the constant search for harmony, is combined with our vision of luxury to create a sophisticated and inspiring atmosphere of serenity and relaxation. The original natural stone walls dated from the XII century and dimly illuminated by dozens of candles, are fused with an exciting international collection of wellness treatments, and with the world's leading beauty brands. Gaia and Swiss Perfection, references within traditional Swiss hospitality, are just some of the products that our therapists work with.

Our professionals employ revolutionary techniques that act on the three human dimensions: energising your body, de-stressing your mind and balancing your soul. The goal is to reconcile your past with your present, thus ensuring a healthy and beautiful future and longer life. Submerge yourself into a subterranean world of unknown emotions. Free your soul and awaken your inner beauty at B Spa.

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## THE PARTNERS

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Our challenge of excellence is supported and shared with primary brands and products. We have carefully selected our cosmetic products on the criteria of quality, efficiency, image and reputation.

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## TREATMENT TYPES

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Our signature facial and body treatments, under the exclusive range of Swiss Perfection cosmetics, are developed to ensure a deeply relaxing experience with visible, long-lasting results.

Our collection includes: Anti-aging facial treatments, High-Touch facial and body treatments, along with sculpting and toning body treatments.

Available in the most exclusive SPAs across the world, SWISS PERFECTION Cellular Professional Protocols meet the highest expectations in terms of visible results and personalised service.

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## SWISS PERFECTION®

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Laboratories La Prairie traces its proud heritage to the highly renowned Clinique La Prairie in Montreux, Switzerland. For more than half a century, the Clinique La Prairie has been the pioneer in anti-aging cellular therapy, sharing its unique accomplishments with thousands of visitors from around the world.

Swiss Perfection®, as a result-oriented brand, stands out through its unique cellular and technological expertise and is used for all treatments at the Clinique La Prairie. Swiss Perfection is the first brand to apply the cellular extraction technology of a vegetal active cell to cosmetics.

The exclusive Swiss Perfection Treatments allow for perfect skin regeneration and offer the most advanced Anti-Aging solutions through an unequalled Cellular Active IRISA®.

Cellular Active IRISA®, has been included in all the brand's products – it contains a high concentration of enzymes and proteins, accelerates the regeneration of skin cells, increases the oxygenation of the pores, provides optimal hydration, improves the metabolism of dermis and epidermis, and its unique anti-aging qualities rejuvenate the skin visibly, as well as other outstanding long-term benefits.

Results: Rejuvenates the skin and boosts its regeneration, reducing the skin's DNA degradation, protecting collagen and anti-oxidant properties. All Swiss Perfection's formulas contain a well-kept secret and they are carefully designed until they reach

perfection. Swiss Perfection is strongly connected to The Alps and manufactures its products in Switzerland using Cellular Active IRISA®, pure water from this beautiful area, and a range of Alpine plants, whose benefits for the skin have been proven to our demanding clientele. In turn, Swiss Perfection works with the best beauty and SPA professionals to make sure the standards of quality, excellence and exclusivity are met. Our SPA reflects the Swiss Perfection exclusive universe and offers professional service and a global experience for our guests.

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## GAIA NATURAL PRODUCTS

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We have created for our guests a natural and organic SPA and Wellness Line composed of Mallorcan herbs, the healing powers of the Mediterranean Sea and full range of 100% Natural Aromatherapy Complex Oils

Inspired by nature wisdom, Gaia Natural Products combine local plants from the Tramuntana mountains with "Flor de Sal" from Mallorca's salt plains to create a uniquely natural SPA experience. The synergy of the healing powers of land and sea have been brought together to offer you a new wellness experience.

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## CND™ SHELLAC™, VINYLUX™

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CND has continued to change the nail industry for the past 34 years, and it is now present in 65 countries worldwide.

CND® SHELLAC® is "fret-free and convenient" says CND Co-founder Jan Arnold. "Women can finally get their time back." Combining the best features of a polish with the best features of a gel, CND created a fully removable hybrid nail colour that completely changed the industry landscape and placed CND's position as the leader in technology, colour and innovation.

VINYLUX® Long Wear Polish System, Polish Reinvented. This unique two-part system boasts a self-adhering Colour Coat and a Top Coat that utilizes new ProLight Technology™ for increased durability with exposure to natural light.

# High Touch Cellular Facial Treatments

BY SWISS PERFECTION

The Swiss Perfection High Touch exclusive Anti-Aging facials are focused on immediate visible results.

They include the unrivalled Cellular Active IRISA® technology combined with highly efficient active ingredients to effectively regenerate the skin and prevent from premature Aging. The production of new and healthy cells is stimulated and specific skin concerns are corrected.

The perfect synergy between high-quality formulas and specific manual techniques included in signature treatments provide young and naturally radiant skin.

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## CELLULAR PERFECT LIFTING

75 MIN / 390 €

Inspired from anti-aging medical techniques, this lifting treatment offers spectacular and immediate effects. It visibly lifts and improves the skin's firmness while promoting cellular renewal. It combines the most innovative of rejuvenating solutions and specific manual techniques to remodel the facial contour while smoothing away wrinkles. It acts as a natural face lift with long-term benefits.

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## CELLULAR PERFECT HYDRATION

75 MIN / 350 €

This innovating treatment protects the skin's cells, in its deepest layers, from premature aging, dehydration and irregular skin texture. The skin is replumped, smoothed and perfectly moisturised.

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## CELLULAR PERFECT LIGHTENING RADIANCE

75 MIN / 350 €

This targeted facial is specifically designed to balance melanin production, visibly evening the complexion and bringing an immediate radiance and youthfulness to the skin. It also helps to rapidly brighten dark spots, leaving you with an even and bright complexion.

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## CELLULAR PERFECT PURIFYING PROTECTION

75 MIN / 290 €

This essential, highly active anti-oxidant facial deeply purifies the pores while accelerating tissue oxygenation. This treatment is the perfect cure for free radicals that affect exposed skin, and is the best ally for skin aging prevention.

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## CELLULAR PERFECT RECOVERY

75 MIN / 290 €

For those with acne-prone skin or acne scars, this regenerating facial deeply cleanses the pores, reduces oil production and helps heal tissue. Through the combination of highly calming and soothing ingredients with specific techniques, this targeted treatment will support the skin's natural healing process. It immediately calms the sensation of irritation and inflammation while deeply repairing the damage caused by internal imbalances and external aggressions.

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## CELLULAR MEN PERFECT REPAIR

75 MIN / 290 €

A perfect cleansing treatment designed for specific male skin. It erases all signs of fatigue for a fresh and healthy appearance. This treatment is tailored to ensure optimum skin rejuvenation for men of any age.

# Additional Treatments

BY SWISS PERFECTION

A la carte treatments are used as an enhancement to maximise the results of the previous treatments, or individually.



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### CELLULAR PERFECT DÉCOLLETÉ

30 MIN / 150 €

This specific care rejuvenates and reshapes the décolleté area. It targets wrinkles and saggy skin as well as loss of firmness and dark spots. The skin in neck and décolleté area is visibly rejuvenated and firmed.

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### CELLULAR PERFECT EYE CONTOUR

30 MIN / 150 €

This focused treatment brings rejuvenated eye contour while erasing all signs of fatigue. It helps to increase the rate of cell renewal, smooths wrinkles and unveils a youthful look.

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### CELLULAR PERFECT LEG

30 MIN / 150 €

This specific and targeted treatment provides a stimulating feeling of relaxed freshness for feet and legs. They are made to feel comfortable with a light sensation and a beautiful finish.

# Can Bordoy Massages

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## THERAPEUTIC MASSAGE

60 MIN/150€ OR 80 MIN/170€

Through a professional consultancy session with our therapist we will be able to detect your needs and provide you with an optimally customised health massage which will include: deep tissue, trigger points therapy, manipulation and myofascial. A massage that is light to firm touch, it focuses on specific problems in order to enhance the body's natural restorative functions, physical strength, muscular mobility and joint flexibility. This treatment is made with a special balm with a blend of 8 different organic oils as a base, and the addition of healing essential oils like Peppermint, Juniper, Camphor, Rosemary, Clove and Thyme, all helpful in the elimination of muscle aches and pain.

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## "CAN BORDOY" MASSAGE

60 MIN/130€ OR 80 MIN/150€

Tailor-made to suit your needs. Either Relaxing, Invigorating, or Balancing, our therapist will create a massage treatment to suit your needs, using organic and vegan massage oils, where you can choose one of the three different essences that are characteristic to the island:

- Calming Lavander, to inspire relaxation and to connect body and mind.
- Healing Rosmary for general toning.
- Energetic Citrus to restore the feeling of equilibrium, with mood balancing properties that combat irritability and emotional stress.

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## DETOXIFYING MASSAGE

60 MIN/140 € OR 80 MIN/160€

Lymphatic drainage techniques help to facilitate the lymphatic system and ensure a complete regeneration of the whole body. This is a massage technique that is combined with a special drainage balm that was created with highly detoxing essential oils: Rosemary, Myrrh, and Ginger, that stimulate the skin and help the circulatory and immune system. It reduces discomfort from swollen legs and ankles, providing energy and combating anxiety.

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## LOMI-LOMI MASSAGE

60 MIN/150€

Lomi-Lomi is a traditional Hawaiian massage that uses a combination of massage techniques made with the therapist's palms, arms and elbows, with elements of breathing and dance accompanied with specific music. Lomi-Lomi aims to treat the body and mind as one whole being. It is thought to release tension, assist blood and lymph flow, eliminate waste and toxins, rejuvenate the body and instil a sense of peace, harmony and wellbeing.

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## SHOULDERS, NECK AND BACK MASSAGE

30 MIN / 75 €

Personalised massage targeting the upper back.

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## SPORT LEGS MASSAGE PRE/POST EVENT

30 MIN / 75 €

Choose between an energising or tonic massage, using aromas to awaken and tone the muscles. It is perfect for preparing the body for sports activities by warming up the muscles through increased blood circulation, and it also reduces joint stiffness. It is also suitable as a post-event sports massage, using essences to release tension and loosen contractures.

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## FACE, HEAD AND SCALP

45 MIN / 85 €

Intense, deep relaxation and profound satisfaction for both body and mind.

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## PREGNANCY MASSAGE

50 MIN / 120 €

A healthy therapy to relieve fatigue, pain and improve body activity, with non-contraindicated products to look and feel better.

# Can Bordoy Rituals

BY GAYA

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## “BOTÁNIC” VITAMIN INFUSION BODY EXFOLIATION AND WRAP

90 MIN / 170 €

Discover all the unexpected wonders that Mallorca has to offer with this surprisingly relaxing, exfoliating and nourishing rosemary and quince-based treatment. Whilst the rosemary will benefit your muscles and boost circulation, the acid in the quince fruit exfoliates the skin, providing extra nourishment thanks to its high Vitamin C content. This sophisticated treatment, and the comprehensive nutrients delivered, add extra portions of vitamins and antioxidants to the skin that are needed on a daily basis.

**Facial:** deep cleansing and a gentle quince enzyme peel will do away with all traces of impurities, leaving your skin glowing from the benefits of a very special vitamin cocktail.

**Body:** deep exfoliation designed for cell regeneration and vitality, accompanied by a hydrating massage with organic grape seed oil.

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## MANDARIN REFLEXOLOGY & REVITALIZING FOOT MASSAGE

45 MIN / 85 €

Tired calves and feet? This therapy provides energy and enables relaxation, while we gently massage away the tiredness in your feet with sea salt and mandarin exfoliation. Citrus essential oil uplifts the spirit while the stimulation of specific points on the soles of the feet are then reflected in the body's organs, along with the places where pain is felt, and then rebalances their function.

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## JAPANESE FACIAL LIFTING “FULL MOON”

60 MIN / 140 € OR 80 MIN / 160 €

Bamboo extract, rice husks and delicate oriental essences are blended to accompany a special anti-aging massage, increasing facial beauty, and making it tighter and softer. Helps prevent the signs of aging by stretching and kneading the skin, based on the Japanese lifting massage technique. A delicate rice and bamboo treatment that is ideal for sensitive skins, restores the skin's pH balance whilst at the same time moisturising and softening. The use of rice reflects the perfect fusion of Far East traditions with the Mediterranean in this exotic, and incredibly rejuvenating treatment. It is an authentic treat for the skin.

# Advanced Body Treatments

BY SWISS PERFECTION

Swiss Perfection body treatments are proven to combat specific areas of concern. The finest traditional methods are combined with the state of the art Cellular Active IRISA® technology to come up with the most effective solutions. After our Cellular Body experiences, you will feel deeply revitalised and your body will be rejuvenated and toned.

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## CELLULAR BODY EXFOLIATION

40 MIN / 180 €

This highly rejuvenating experience has been designed to relax and promote cellular renewal, preparing the skin for optimum body treatment results. It stimulates blood circulation, removes dead skin cells and impurities, while regenerating the skin to feel soft and smooth.

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## CELLULAR FIRMING BODY WRAP AND EXFOLIATION

75 MIN / 270 €

The intensive Cellular Firming Body experience targets loss of firmness and elasticity, offering an instant lift effect with visible and immediate results. By boosting collagen production, the skin's structure is renewed, smoothed, lifted and revitalised, resulting in an immediately toned silhouette.

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## CELLULAR ANTI CELLULITE BODY WRAP AND EXFOLIATION

75 MIN / 270 €

Designed to reshape the body's contours, this intensive Cellular Anti-Cellulite treatment targets orange peel, loss of tone and cellulite, leaving a profound sensation of lightness and well-being. The body is perfectly defined, firmed and toned.

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## CELLULAR DETOXIFYING BODY WRAP AND EXFOLIATION

75 MIN / 270 €

This metabolism stimulating and draining treatment increases vitality. The unique blend of active ingredients removes impurities, encouraging circulation and boosting the elimination of toxins as well as gently exfoliating the skin, leaving it smooth and healthy. The ideal choice to complement a weight loss or anti-cellulite programme.

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## CELLULAR REGENERATING BODY MASSAGE

60 MIN / 230 €

The Swiss Perfection Tailored Body Massage offers a total well-being experience to improve the body's entire system. The treatment eliminates tension and loosens the muscles. It also improves blood and lymph circulation. The skin gets smoothed, properly firmed and is well moisturised.



# Finishing Touches

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**CND SHELLAC™ SPA MANICURE**

60 MIN / 80 €

CND Shellac Manicure including file, shape, cuticle removal and application of CND Shellac semi-permanent gel polish, cellular peel and Swiss Perfection hand cream.

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**CND SHELLAC™ SPA PEDICURE**

70 MIN / 120 €

CND Shellac Pedicure including file, shape, cuticle removal and application of CND Shellac semi-permanent gel polish, cellular peel and Swiss Perfection foot cream.

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**REMOVAL OF SEMI-PERMANENT GEL**

25 €

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**CND VINYLUX™ SPA MANICURE**

45 MIN / 60 €

CND Vinylux Manicure including file, shape, cuticle removal and application of Vinylux long wear nail polish, exfoliant and hand massage with organic sea salt and Gaia mandarin.

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**CND VINYLUX™ SPA PEDICURE**

60 MIN / 80 €

CND Vinylux Pedicure including file, shape, cuticle removal and application of Vinylux long wear nail polish, exfoliant and foot massage with organic sea salt and Gaia mandarin.

The Can Bordoy Spa Gift Certificate is ideal for giving an unforgettable wellness experience. For more details, please contact our Spa reception and they will gladly assist you.

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## GENERAL CONDITIONS

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Opening Hours: Sunday, Monday, Tuesday, Wednesday from 10.30 a.m. till 6.30 p.m.  
Thursday, Friday and Saturday from 10.00 a.m. till 8.00 p.m.

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## RESERVATIONS

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We recommend that you book in advance to ensure availability.  
Spa Suite Reservation and Treatment Reservations can be made at the Reception Desk, through Guest Service or with the SPA staff.  
Visitors must be presented by a member, or accompanied by a hotel guest.  
Please consult our specialist to find out what your needs are and to select the best treatment for you.

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## CHECK-IN / CHECK-OUT

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Please check in at the SPA at least 15 minutes early in order to use the SPA Suite, or before starting your treatment to ensure a higher state of well-being.  
After your treatment please stop by the Reception Desk.

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## PAYMENT AND CANCELLATIONS

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For reservation and prices, we highly recommend that you book well in advance.  
We accept all major credit cards and cash. If you are staying at the hotel you can charge the SPA services to your room account. If you need to cancel or reschedule your appointment, please notify us at least 24 hours in advance (in the Spa's opening hours) so as not to be charged 50% of the full amount.  
All our prices are stated in Euros (VAT included).